

A Little Nervous about Dental Treatment? We can Help!

Are you anxious about dental treatment? At Central Brisbane Dental, we are conscious of the fact that some patients are a little less than relaxed about a visit to the dentist. We go to great lengths to ensure that every visit you have with us is as pleasant as possible. From the moment you enter our practice, our staff are concerned about your comfort and wellbeing. Our dentists will take the time to explain everything to you and take all the necessary precautions to ensure your treatment is performed to the highest standard of care with your comfort always in mind. We have TV screens in the surgeries so you can relax and watch your favourite DVDs while your treatment is performed.

Some people however may still feel a little anxious about their treatment and so we are pleased to be able to offer options to help you relax.

Some people benefit from taking oral sedatives such as valium the night before their appointment and again on the morning of their appointment. This medication has a relaxing effect and makes people feel much happier and less apprehensive about their treatment.



Another simple form of relaxation is to use a Pentrox puffer (Methoxyfluorane). This drug is the modern version of happy gas and has been included in ambulance first aid kits for many years. It is commonly seen being used by sport stars who have been injured while being helped from the sporting field. Pentrox allows you to relax before and during your appointment and also provides a strong pain-relieving effect, making it perfect for use before some local anaesthetic injections.

The sedation options available at Central Brisbane Dental are suitable for almost anyone and have few side effects. Your dentist can discuss the options with you and determine which medication would be best suited for you.

It is important to note that due to the effects of sedation you must not drive after taking any of these medications. Instead you should plan to be escorted to and from our practice on the day of your treatment.